



The Table

Week 3—A Boy & a Giant

Featuring
PJ Flores

Experience Outline

Step 1: Pray for your children

Step 2: Cook dinner together

Step 3: Watch the video

Step 4: Have a conversation

To view the accompanying videos for this series,
go to <https://ariseministries.net/>

This series is presented by Arise Ministries. More online Bible studies can be found at
www.AriseMinistries.net



The Table was created with you and your children in mind. This week's experience will allow you to sit at the table and focus on the challenges we face. As this Bible story comes to life you will have the opportunity to discover what giants might be getting in the way of you and your family. It's time to experience the Bible together, pull up a seat!

STEP 1 : Pray for your children.

Take a moment to pray for your children. You can do this alone or read it with them.

Dear Heavenly Father,

Thank you for my child. I know that you are with them. As I place {Insert child's name} in your mighty hands, give me peace, knowing that you are right by their side. Please replace their fears with the strength and courage to face whatever the day brings. Let them know that Jesus is with them. In Jesus' name, Amen.

STEP 2 : Cook dinner together.

Pick from the list of recipes we have available or choose your own. We encourage you to make this meal together with your children.

STEP 3 : Watch the video.

Once dinner is made, find a seat at the table and place your device where everyone can see it to watch the video.

STEP 4 : Have a conversation.

Read the verse and questions to your children. If they are able to read it could be fun to take turns reading the questions. Feel free to answer the questions as well.

Read 1 Timothy 4:12 NLT

¹² Don't let anyone think less of you because you are young. Be an example to all believers in what you say, in the way you live, in your love, your faith, and your purity.

Conversation questions for early elementary age:

1. What is something that is really big?
2. What is something that is really small?
3. Do you think David was afraid of the giant?
4. What is something you are afraid of?
5. What is something your mom is afraid of?
6. What can we do together to help us when we are afraid?

Conversation questions for all ages:

1. What did you learn about God?
2. What did you learn about people?
3. What did you learn about yourself?
4. How could we encourage each other in this family?

This week, during dinner time, spend a moment going over this verse and memorizing it as a family!

Psalm 56:3 NLT

3 But when I am afraid, I will put my trust in you.

To share your thoughts regarding this study, contact us at info@ariseministries.net.

This resource is made available by Arise Ministries. No part of this study may be copied, sold, or distributed in conjunction with any another work or compilation. It may not be posted on any other website. Links to this document should be made directly to www.ariseministries.net/bible-study. All scripture references are made using the ESV translation.